

Rosewater Covid-19 Client disclosure and safety protocol

Please note: Clients with a history of Covid infection will need to wait at least three months before treatment and will need a physician's release. Clients with underlying conditions that cause a suppressed immune system cannot receive treatment at this time until further notice.

Client Disclosure and Signature

In the last 14 days, have you had respiratory symptoms such as trouble breathing, coughing, runny nose, discolored fingers or toes, loss of smell?

In the last 14 days, have you had close contact with someone with respiratory illness or confirmed Covid 19?

In the last 14 days, have you traveled by air, bus, or train?

Have you tested positive for Covid-19 or had a positive antigen test?

If yes, please answer the following questions:

When was your positive antigen date?

Did you feel ill?

What symptoms?

Have you had any clotting issues during or since having COVID-19? (please describe)

Did you have any lingering health issues since you were released from quarantine? If so, what?

By signing this document, you confirm that you have

1. Answered the COVID-19 questions to the best of your ability. You understand that by not answering the COVID-19 questions accurately, you put my health and the health of others at risk.
2. Read the changes to my practice protocols and agree to follow them.
3. Accept that there is an increased risk of contracting the COVID-19 if you choose to receive manual therapy treatment.
4. You understand and accept the additional risk of contracting COVID-19 from contact at this office and in this building.
5. You also acknowledge that you could contract the COVID-19 virus from outside this office and unrelated to my visit here.

Your Name _____

Signature and Date _____

I, Broehe Karpenko, LMT, CCSP, attest that I have not had COVID-19 symptoms. I will routinely check my temperature on the mornings I will be working. In the event that I have any symptoms for COVID-19, I will cancel my appointments to keep everyone safe. I have not travelled by air, bus, or train in the past 14 days.

Broehe Karpenko

Rosewater Safety Protocol, abbreviated list

1. Certain techniques known in classic Swedish Massage such as long, draining strokes have been discontinued due to the emergence non-symptomatic cases of Covid 19 involving blood clots.
2. You will be required to wear a face mask and sanitize your hands on arrival. We have a limited number of masks available if you forget yours. Hand sanitizer will be provided.
3. Please wear clean clothes and shoes and if possible, take a shower before arriving. Please make every effort to come directly from home to the clinic.
4. During your treatment, I will be wearing a mask and face shield that will be sanitized before each client and I will be wearing clean scrubs for each client.
5. Surfaces and items handled during each session will be cleaned and sanitized between every client. A HEPA air purifier will be run for an hour in between each client, allowing the air to be refreshed and purified up to 99%.
6. Talking during upper body work (shoulders, arms and neck) while supine should be restricted to treatment feedback.
7. With the additional safety protocols, I will need to end our visits on time.
8. I will text you the day before your appointment for you to confirm that neither you nor anyone in your close contact has had a fever of over 100, or other symptoms of Covid 19 in the last 14 days.